

## 2009-2010 SENIOR REGIONAL CHAMPIONSHIP PROGRAM EASTERN – Seaspray



Male Area	Female Area	Beach
Male Board Race (15,17,19 & OPEN)	Female Board Race (15,17,19 & OPEN)	Beach Flags (15,17,19 & OPEN)
Male Surf Race (15,17,19 & OPEN)	Female Surf Race (15,17,19 & OPEN)	Beach Sprints (15,17,19 & OPEN)
Male Ski Race (15,17,19 & OPEN)	Female Ski Race (17,19 & OPEN)	Beach Relay
U15 Male Cameron	U15 Female Cameron	
Male Board Rescue (15,17,19 & OPEN)	Female Board Rescue (15,17,19 & OPEN)	
Male Taplin (17, 19 & OPEN)	Female Taplin (17, 19 & OPEN)	

*\* Any Event may be combined in Gender and Age in order to shorten the program*  
*\*Composite teams are permitted (No points)*  
*\*Programs should only be taken as a guide and are subject to change due to tide and conditions*

**Start Approx 12:00pm**