

## Circular 033:03:09

**To:** Senior Coordinators Aquatic Sports Council  
Junior Coordinators

**Cc:** Aquatic Sport Executive Club Secretaries  
Youth & Leadership Development Executive  
Club Presidents

**From:** Andrew Skillern – Manager Aquatic Sports

**Date:** 26 March 2009

**Subject:** Level 1 Coaching Course

**Action:** Please email Andrew Skillern to confirm a spot in the course.

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### Coaching Course – April 2009

With the IRB season starting in less than one month's time and winter training becoming vitally important to the success of the athletes coming through Victoria's beach competition, it is time to consider sending keen members to the next Level 1 Coaches Course.

#### Course Details:

<b>Dates:</b>	<b>Time:</b>	<b>Venue</b>
Friday 17 April	5:00 pm-10:00 pm	Life Saving Victoria
Saturday 18 April	9.00 am-5.00 pm	Life Saving Victoria

**Cost:** The course costs \$90.00. This covers the delivery of the course and lunch on the Saturday of the course. Each participant also receives a coach's pack which includes a DVD, a resource pack on coaching all disciplines in lifesaving sport including pool events and IRB.

Also, a reminder for all Boat sweeps: If you are looking to compete in the 2009-2010 season, you should complete your Level 1 Coaches Course, as it is now a prerequisite for training and competition under SLSA policy.

**For additional detail on this Circular contact: Andrew Skillern – Manager Aquatic Sport**

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Circulars are also available at [www.lifesavingvictoria.com.au](http://www.lifesavingvictoria.com.au)

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