

Circular 071:06:10



To: Club Secretaries
Club Treasurer
Club Presidents

Cc:

From: David Holland – Manager, CALD

Date: 3 June 2010

Subject: **VicHealth Survey – win 1 of 20 club sports vouchers worth \$500 each**

Action: Complete online survey by Tuesday, 15 June 2010 to enter the draw

For additional details on this Circular please contact:
Ruth Klein on 03 9903 4527 or email ruth.klein@monash.edu
Circulars are available at www.lifesavingvictoria.com.au/circulars

You are invited to take part in a short survey about any experiences or plans that your club has had in relation to involving diverse and potentially hard-to-reach groups to increase participation in your sport. The survey is being undertaken by the Department of Health Science at Monash University. This is one part of the evaluation of the Participation in Community Sport and Active Recreation (PICSAR) program. The reason you are being invited to take part is because Lifesaving Victoria has received funding from VicHealth under the PICSAR program between 2008 and 2011.

Benefits for your club

By completing the survey your club will go in the draw to win one of twenty sporting equipment vouchers to the value of \$500. Which means you can purchase merchandise for your club from HART Sport Australia.

What to do next

A leader within your club (e.g. President, Treasurer, Secretary etc.) needs to spend 10-15 minutes completing the sports survey by Tuesday, 15 June 2010 via Survey Monkey:

<https://www.surveymonkey.com/s/SurveyForTheVicHealthPICSARProgramLIFESAVING>

Or alternatively you can complete the document version of the survey attached and send directly back to Ruth Klein:

Email: Ruth.Klein@monash.edu
Post: Ruth Klein, Department of Health Social Science
Building T3.02, PO Box 197 Caulfield East VIC 3145
Fax: 03 9903 1658

This survey is being administered across 10 different Victorian sports including your own. Our vision is that the findings will contribute to enhancing sport in Victoria. The researchers from Monash will not identify the data obtained from any individual clubs to Life Saving Victoria or VicHealth, your confidentiality and anonymity will be respected at all times.





14th May, 2009

Explanatory Statement – Sporting Clubs and Associations

Title: **Participation in Community Sport and Active Recreation (PICSAR) Program Evaluation**

This information sheet is for you to keep.

The evaluation of the VicHealth *Participation in Community Sport and Active Recreation* (PICSAR) program is being carried out by Associate Professor Ben Smith from Monash University, and Margaret Thomas and Wendy Hodge from ARTD consultants.

You have been selected to participate in this study because your club is a member of a Victorian State Sporting Association that receives funding under the PICSAR program.

The overall objectives of the evaluation are;

- To identify the common barriers and enablers for communities and organisations to foster physical activity participation amongst disadvantaged groups.
- To assess organisational success in achieving planned objectives to improve physical activity participation amongst disadvantaged population groups.
- To understand the success factors for community and organisational capacity building for targeting disadvantaged population groups.

The findings of this evaluation will inform VicHealth and organisations that receive PICSAR funding by providing greater insights and an understanding of diversity in physical activity participation within their context. These findings will influence government and organisational policy in relation to physical activity promotion.

Participation in the study will involve completing a short survey to describe the recent priorities, actions and policies in relation to involving different groups (e.g., people with disabilities, recent migrants) in the activities conducted by your club. The risks associated with your participation in the survey do not exceed those you would experience in everyday normal life

Participants' confidentiality is of the utmost importance to us. We will take measures to protect your confidentiality and anonymity at all times when publishing the findings of this study. These measures will include using identification numbers (instead of names) during the analysis of the data. Aggregate data will be reported, and individual clubs will not be identifiable in any reports. If you wish to be included in the draw for an equipment voucher offered by your State Sporting Association, or to be contacted by your Association for further assistance, there is opportunity to indicate this at the end of the survey. These identification details, however, will not be retained for any other purposes.

Storage of the data collected will adhere to the University regulations and kept on University premises in a locked cupboard/filing cabinet for 5 years. Furthermore, electronic computer files will be underpinned by a password that can only be accessed by the researchers involved in this study.

Return of the survey will be taken to indicate that you have read and agreed to the procedures outlined in this Explanatory Statement. Completed surveys can be sent to Dimitri Batras, at dimitri.batras@med.monash.edu.au.

Department of Health Social Science

Faculty of Medicine, Nursing and Health Sciences
PO Box 197, Caulfield East, Victoria 3145
Dandenong Rd, Caulfield East.

Telephone +61 3 9903 1654 Facsimile +61 3 9903 1658 Email Ben.Smith@med.monash.edu.au
ABN 12 377 614 012 CRICOS provider number 00008C

If you would like to be informed of the aggregate research findings, please contact Dimitri Batras on (03) 9903 1669 or at the email address given above. The findings are accessible for up to six months after data collection occurs.

If you would like to contact the researchers about any aspect of this study, please contact the Chief Investigator: A/Prof Ben Smith	If you have a complaint concerning the manner in which this research CF08/0985 – 2008000483 is being conducted, please contact:
A/Prof Ben Smith ben.smith@med.monash.edu.au Tel: +61 3 9903 1654 Fax: +61 3 9903 1658	Human Ethics Officer Standing Committee on Ethics in Research Involving Humans (SCERH) Building 3e Room 111 Research Office Monash University VIC 3800 Tel: +61 3 9905 2052 Fax: +61 3 9905 1420 Email: scerh@adm.monash.edu.au

Thank you for your interest in this evaluation.

Yours sincerely



Associate Professor Ben Smith

Survey of Sporting Clubs for the VicHealth PICSAR Program

This short survey asks about the priorities, actions and policies of your club in relation to involving diverse groups (e.g. people with disabilities, people on a low-income, Indigenous people etc) in your sport. Before proceeding, please read the attached [Explanatory Statement](#). Completion and return of the survey will be taken to indicate that you have read and agreed to the procedures outlined in this Explanatory Statement. To be eligible to win 1 of 20 sporting equipment vouchers valued at \$500 each, you must complete the survey by providing a response to every question.

1. Firstly, please indicate if you Strongly Agree, Agree, Disagree or Strongly Disagree with each of the following statements about the priorities of your club (**place an X in one box in each row**)

		SA	A	D	SD
a.	It is a priority of the club to identify the barriers that are contributing to low levels of participation in lifesaving by different groups				
b.	In order to increase participation by a wider range of groups the club would modify the way the sport is played				
c.	The club would modify its facilities (e.g. change rooms, equipment) if this would increase participation by a wider range of groups				
d.	In order to increase participation by groups with low levels of involvement this club would provide extra support or coaching				
e.	The club would undertake extra promotional activity if this would increase reach to groups with low levels of participation				
f.	Increasing participation by a wider a range of groups in the community is a high priority for this club				

2. Over the past 12 months has this club undertaken any of the following actions to increase participation by a wider range of groups in lifesaving. (**place an X for Yes or No in each row**)

		Yes	No	If yes, what was done	Target groups designed for
a.	Information distribution				
b.	Come and try events				
c.	Training to equip existing coaches, referees etc.				
d.	Modifying game format				
e.	Modifying facilities (eg change rooms, equipment)				
f.	Extra coaching for new participants				
g.	Involving the new people as coaches, referees etc				
h.	Assistance with transport				
i.	Modified fees				

j.	Other (specify):				
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3. Please indicate if your club collects information about any of the following characteristics of new participants: **(place an X for Yes or No in each row)**

		Yes	No
a.	Age		
b.	Gender		
c.	Disability		
d.	Aboriginality		
e.	Country of birth		
f.	Language spoken at home		
g.	Need for financial support		

4. Has your club formalised any plans in the past 12 months to increase participation by particular groups in the community (e.g., girls, people with disabilities etc) **(place an X to indicate Yes or No)**

Yes: No:

If Yes, please state which groups:

5. Does your club have in place any written policies about: **(place an X for Yes or No, and give details)**

		Yes	No	Title of policy
a.	Participation by women			
b.	Access for people with a disability			
c.	Equal opportunity/anti-discrimination for participants			

6. a. Over the last **2 years** has your club adopted any **new policies** to increase participation by diverse groups (e.g., people with disabilities, new arrivals to Australia etc,) **(place an X to indicate Yes or No)**

Yes: No: (go to Q.7a)

If Yes, b. please list the new policy(ies)

c. What was the main factor that prompted you to adopt these changes?

7. a. Over the last **2 years** has your club carried out any **new programs or activities** to increase participation by diverse groups? (**place an X to indicate Yes or No**)

Yes: No: (go to Q.8a)

If Yes b. Please list what these activities were:

c. What was the main factor that prompted you to undertake these activities?

8. a. Would your club be interested in being contacted by **Lifesaving Victoria** to discuss ways to increase the range of groups from the community that take part in your sport?

Yes No

b. Would your club like to be included in the draw for a \$500 equipment voucher being offered by **Lifesaving Victoria together with VicHealth**?

Yes No

c. Finally, would you be willing to be contacted by telephone to discuss the topics covered in this survey

Yes No

If Yes to 8a, 8b or 8c, please provide contact details below:

Club name: _____

Contact person: _____

Phone/email: _____