

SEASON 2009/2010 PROFICIENCY REQUIREMENTS

The Matrix below outlines the proficiency requirements of each award. For more detailed information about the proficiency assessment for each award see the detailed explanations in the 2009/2010 Proficiency Handbook

Award	Proficiency Assessment Requirements	Proficiency Assessment
Bronze Medallion	<ul style="list-style-type: none"> • Signals • 200m Run – 200m Swim – 200m Run (8 minutes or less) • Board or Tube (flippers optional) Rescue • A patient assessment on a live patient and demonstration of lateral position • 1 & 2 Person CPR on a Manikin (adult or child or infant), including O₂ supplemented CPR • Theory Assessment Paper • Hold a Certificate II in Public Safety (Aquatic Rescue) 	Every Year
Surf Rescue Certificate	<ul style="list-style-type: none"> • Signals • 100m Run – 100m Swim – 100m Run (5 minutes or less) • Board or Tube (flippers optional) Rescue • A patient assessment on a live patient and demonstration of lateral position • 1 & 2 Person CPR on a Manikin (adult or child or infant) • Theory Assessment Paper 	Every Year
Advanced Resuscitation Certificate	<ul style="list-style-type: none"> • A patient assessment on a live patient and demonstration of lateral position • 1 & 2 Person CPR on a Manikin (adult or child or infant), including resuscitation methods using a mask • Oxygen Equipment Operation (During CPR on a Manikin) • Use of Oropharyngeal Airway 	Every Year
Resuscitation (CPR) Certificate	<ul style="list-style-type: none"> • A patient assessment on a live patient and demonstration of lateral position • 1 & 2 Person CPR on a Manikin (adult or child or infant), including resuscitation methods using a mask 	Every Year
Senior First Aid Certificate	<ul style="list-style-type: none"> • (*)Maintain Current CPR Certification throughout the three year period • Complete approved Senior First-Aid Course or Update every three years 	Every Three Years (*)
Defibrillation Certificate	<ul style="list-style-type: none"> • A patient assessment on a live patient and demonstration of lateral position • 1 & 2 Person CPR on a Manikin (adult or child or infant), including resuscitation methods using a mask • Apply and use a defibrillator during CPR on a manikin • Describe safety precautions associated with using a defibrillator 	Every Year
Spinal Management Certificate	<ul style="list-style-type: none"> • Apply a Spinal Collar • Participate in a spinal scenario 	Every Year
IRB Crew Certificate	<ul style="list-style-type: none"> • Hold Current Bronze Medallion • Theory Assessment Paper <p>AND EITHER</p> <ul style="list-style-type: none"> • Submission of completed Personal IRB Log/Club Declaration with sufficient hours <p>OR</p> <p>Practical Assessment as an IRB Crew Person including three of the follow activities; Conscious Pickup, Launch IRB including negotiating surf, Transfer Patient out of IRB, Parallel running, IRB set-up</p>	Every Year

Award	Proficiency Assessment Requirements	Proficiency Assessment
Silver Medallion (IRB Driver)	<ul style="list-style-type: none"> • Hold Current Bronze Medallion • Hold Current IRB Crew Certificate • Present Current Recreational Boating Licence • Theory Assessment Paper <p>AND EITHER</p> <ul style="list-style-type: none"> • Submission of completed Personal IRB Log/Club Declaration with sufficient hours <p>OR</p> <p>Practical Assessment as an IRB Driver including three of the follow activities; Conscious Pickup, Launch IRB including negotiating surf, Transfer Patient out of IRB, Parallel running, IRB set-up</p>	Every Year
Radio Operator's Certificate	No Proficiency assessment is required for holders of the Radio Operators Certificate though members should ensure they keep up to date with changes to club equipment and club and state radio procedures	No Proficiency Check Required
Silver Medallion (Basic Beach Management)	No Proficiency assessment is required for holders of the Silver Medallion (Basic Beach Management), though members should ensure they keep up to date with changes to club and state policies and procedures	
Gold Medallion (Advanced Lifesaving Certificate)	<ul style="list-style-type: none"> • Signals – 10 correct • Pool Swim – 800 metres in 14 minutes or less in a swimming pool of not less than 25 metres • Mission Test (400 Swim – 800m Run - 400m Board paddle – 800m Run) in 25 minutes or less • 200m Board Rescue • 100m Tube (flippers optional) Rescue • One person drag and lay • A patient assessment on a live patient and demonstration of lateral position • 1 & 2 Person CPR on a Manikin • Oxygen Equipment Operation (During CPR on a Manikin) • Use of Oropharyngeal Airway • Hold a Certificate II in Public Safety (Aquatic Rescue) • Hold Current Senior First Aid Certificate • Hold a Current Silver Medallion (Advanced Emergency Care) • Hold a current Silver Medallion (Basic Beach Management) • Theory Assessment Paper 	Every Year
Assessor Qualifications	<ul style="list-style-type: none"> • Complete and return current season registration form consisting of Assessor Induction Pack, distributed over the past eighteen months <p>AND EITHER</p> <ul style="list-style-type: none"> • Attend the State Lifesaving Operations Conference / Regional Forum <p>OR</p> <p>Participate in an In-service session with the local District Officer or their nominated representative</p> <p>OR</p> <ul style="list-style-type: none"> • Provide evidence of another appropriate workshop or professional development event attended over the past 12 months 	Every Year

(*) Award Holders must hold current CPR certification to remain current. This may be done through completing new awards or proficiencies for the Bronze Medallion, Advanced Resuscitation Certificate, Resuscitation (CPR) Certificate or Senior First Aid Certificate